



Rough Runner London

Saturday 7th September 2019

CRASH Charity Place Registration Form

To secure a CRASH place please complete this form and return it to Lucie Gillard at fundraising@crash.org.uk, along with the £40pp registration fee*

The team captain or lead contact will be responsible for team entrants and communications with CRASH. This can be an individual taking part in the event or simply acting as an administrator.

Company

Address

Postcode

Lead Contact

Team Name

Please state if the registration fee will be paid by the company or individual

By signing, I agree to take responsibility for the team; ensuring each person raises a minimum of £150pp for CRASH, in addition to the individual registration fees.

CRASH has to pre-purchase places for all participants and therefore relies on your commitment to taking part in this event and raising the minimum sponsorship.

Signature

Date

*Payment of the £40pp registration fee can be made by cheque, payable to CRASH, by BACS or online. CRASH will be happy to provide BACS details and a *Request for Donation (invoice)* if required. Please note the registration fee is non-refundable.

*Your health and safety are of upmost importance to us here at CRASH, so we do ask that you are prepared and are in good health before this event. In addition, an injury does not necessarily mean that you have to stop training, but by recognising the symptoms and seeking expert advice early you will minimise injury time and prevent recurrence. If you feel any niggles, or haven't done much of this form of exercise before, we recommend that you seek professional advice

www.crash.org.uk / 020 8742 0717 / fundraising@crash.org.uk Charity No. 1054107



No.	Team Member's Name	Job Title	Email Address	I would like to receive more information from CRASH*
1	Captain:			
2				
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*by ticking this box, you are opting into receiving communications from CRASH about our work. If at any time you no longer want to receive emails from CRASH, please let us know.

Please note there is no min. or max. number of participants required to enter a team. You can also add additional team members after submitting this form.

Please send communications to me, the lead contact, only

Please send communications to all team members